



JANUARY  
**LOWER SCHOOL**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



1

2

3

4

**Christmas Holiday**

6

Baked Chicken Tenders  
Steamed Corn  
Mashed Potatoes  
Mandarin Oranges  
**OR**  
Turkey & Cheese  
Croissant  
Goldfish  
Mandarin Oranges

7

Beef Taco  
Mexican Corn  
Fiesta Rice  
Strawberries **OR**  
Turkey Pinwheel Pack  
Turkey & Cheese Wrap,  
Edamame, Cheddar Cheese  
Cubes, Strawberries

8

Pancakes  
Sausage Patty  
Scrambled Eggs  
Applesauce Cups **OR**  
Chicken Nugget Pack  
Chicken Nuggets, Baby Carrots,  
Mandarin Oranges, Oreo  
Cookies

9

Spaghetti with  
Meatsauce  
Green Peas  
Pears  
**OR**  
Breakfast Lunch Pack  
Yogurt with Granola, Cheddar  
Cheese Cubes, Blueberry Mini  
Muffin & Diced Peaches

10

Cheese Pizza  
Buttered Corn  
Fruit  
Sugar Cookie **OR**  
Grilled Cheese Sandwich  
Housemade Chips  
Sugar Cookie  
Fruit

13

Mini Corn Dogs  
Tater Tots  
Green Beans  
Mandarin Oranges  
**OR**  
Chicken Salad with  
Crackers  
String Cheese  
Mandarin Oranges

14

Chicken & Cheese  
Quesadilla  
Spanish Rice  
Mexican Corn  
Strawberries **OR**  
Turkey Pinwheel Pack  
Turkey & Cheese Wrap,  
Edamame, Cheddar Cheese  
Cubes, Strawberries

15

Waffle  
Sausage Patty  
Scramble Eggs  
Mandarin Oranges **OR**  
Grilled Cheese Sandwich  
Pretzels  
Mandarin Oranges

16

Baked Ham  
Macaroni & Cheese  
Green Peas  
Diced Peaches **OR**  
Breakfast Lunch Pack  
Yogurt with Granola, Cheddar  
Cheese Cubes, Blueberry Mini  
Muffin & Diced Peaches

17

Cheese Pizza  
Green Beans  
Chocolate Chip Cookie  
Fresh Fruit  
**OR**  
Chicken Nugget Pack  
Chicken Nuggets, Baby Carrots,  
Fresh Fruit, Oreo Cookies

20

Martin Luther Jr. Day

21

Professional  
Development

22

French Toast  
Baked Ham  
Scrambled Eggs  
Diced Pears  
**OR**  
Chicken Nugget Pack  
Chicken Nuggets, Baby  
Carrots, Diced Pears, Oreo  
Cookies

23

Fried Chicken  
Mashed Potatoes  
Lima Beans  
Pineapple **OR**  
Hummus Lunch Pack  
Hummus with Pita Chips,  
Edamame & Pineapple

24

Cheese Pizza  
Green Beans  
Fresh Fruit  
Sugar Cookie  
**OR**  
Ham & Cheese  
Croissant  
House Chips  
Sugar Cookie  
Fresh Fruit

27

Hamburger Steak  
Mashed Potatoes  
Steamed Squash  
Mandarin Oranges  
**OR**  
Turkey & Cheese on  
Wheat  
Pretzels  
Mandarin Oranges

28

Chicken Nuggets  
Steamed Corn  
Tater Tots  
Peaches  
**OR**  
Grilled Cheese  
Sandwich  
Housemade Chips  
Peaches

29

Pancakes  
Sausage Patty  
Scrambled Eggs  
Pears **OR**  
Chicken Nugget Pack  
Chicken Nuggets, Baby Carrots, Pears,  
Oreo Cookies

30

Cheeseburger  
Tater Tots  
Buttered Corn  
Pineapple Chunks  
**OR**  
Chicken Salad with  
Crackers  
String Cheese  
Pineapple Chunks

31

Early Dismissal