

CHILD CARE MENU PLANNING WORKSHEET

Week Of: 4/1/2024 - 4/5/2024

Facility Name/License Number (last 4): Jackson Academy / 7844

Hours of Operation: 7:30am - 5:30pm County: Hinds

Contact Person/Telephone Number: Catherine Stewart / 601-416-0498

Licensing Official Name: Denise Love

CACFP/Office of Child

Nutrition Participant:

YES ☒ NO ☐



MISSISSIPPI

STATE DEPARTMENT OF HEALTH

Record all food and beverages served. Please refer to Appendix C in Regulations Governing Licensure of Child Care Facilities for nutritional standards.

Meal Components	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast -Time: _____ Fruit (no juice) Cereal or Bread/Alternate Milk					
Snack -Time: <u>9:30 am</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable or Fruit, (no juice) Bread or Bread Alternate Milk	Closed for Easter Holiday	Raisin Toast 1/2 Banana Water	Graham Crackers Vanilla Yogurt Water	WW English Muffin Sun Butter Water	1/2 Pimiento Cheese Sandwich Water
Lunch/Supper -Time: <u>11:30 am</u> Meat or Meat Alternate Vegetable and Fruit (2 Veg/fruit or 1 veg & 1 fruit) Bread or Bread Alternate Milk		Grilled Cheese on WG Bread Vegetable Soup Diced Peaches Milk Water	Burger on WW Bun Baked Sweet Potato Fries Strawberries Milk Water	Baked Chicken Tender Italian Vegetable Blend Pineapple Chunks Milk Water	Cheese Pizza Green Beans Cantaloupe Milk Water
Snack -Time: <u>2:00 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk		Pita Bread Hummus Water	Sliced Cucumbers Turkey Lunch Meat Water	Goldfish Unsweetened Applesauce Water	Pretzels Hummus Water
Snack -Time: <u>4:30 pm</u> (Select 2 out of 4 food groups) Meat or Meat Alternate Vegetable, Fruit, or Juice Bread or Bread Alternate Milk		Celery Sticks Sun Butter Water	Diced Pears Cheddar Cheese Cubes Water	Edamame Mandarin Oranges Water	Celery Sticks w/low fat ranch Diced Peaches Water

*Water is made available at all meals and snacks. *Whole grain bread & bread products are used. *No meal or snack may be served more than once in 24 hours.

*Other Foods or Condiments may be served with meals/snacks but DO NOT count as a component.